



Canned Albacore Tuna

(Thunnus alalunga)

Our Albacore is best known as America's highest-grade, "white meat" canned tuna. It is a great source of heart-healthy omega-3 fatty acids.



FEATURES/BENEFITS

- Single layer solid white tuna.
- Mild to medium flavor profile with firm flesh and large flakes.
- It has a "steak-like" texture, but less firm than Yellowfin or Bigeye Tuna.
- High fat content which gives it a richness of taste.

APPLICATIONS

Swap tuna into your favorite salmon or crab cake recipe. Mix tuna into vegetable or potato-based soup or into stew instead of chicken. If you're sticking with a simple salad on the run, swap mayo for Greek yogurt, and mix in some Dijon mustard.

HANDLING/PREPARATION

STORAGE: Store in a cool dry place.

COOKING SUGGESTIONS

Ready to use.

NUTRITION FACTS:

Serving Size 2 OZ. Drained (56g), Calories 70, Total Fat 2g, Saturated Fat 0g, Trans Fat 0g, Cholesterol 15mg, Sodium 90mg, Carbohydrates 0g, Sugar 0g, Fiber 0g, Protein 12g, Vitamin D 2mcg, Calcium 4mg, Iron 0mg, Potassium 94mg.



COUNTRY OF ORIGIN: Indonesia



IPM selects only the finest quality suppliers in the world to pack our product. Continual inspection and selection during process ensures that you receive a premium product.

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